

DCCIA conducts session on “How to be Assertive at Workplace” on 27-August-2024 by Mr. Debashish Majumdar at Arcelor Mittal Nippon Steel India, Sanaswadi

Deccan Chamber of Commerce Industries & Agriculture (DCCIA) organised a session on “How to be Assertive at Workplace” at “Gurukul” training hall, Arcelor Mittal Nippon Steel Ltd. on 28th August’24.

The session started with the DCCIA Corporate film followed by Safety Anthem at AM/NS, Sanaswadi. On behalf of DCCIA Mr. Abhishek Sathe welcomed the participants and the speaker for the session Mr. Debashish Majumdar.

Mr. Mukund Jagirdar, and Mr. Mustafa Raj felicitated Mr. Debashish Majumdar.

Mr. Mukund Jagirdar –Head-HR, Downstream, Arcelor Mittal Nippon Steel India welcomed the participants and introduced Mr. Debashish Majumdar.

Mr. Debashish Majumdar started the session on Assertiveness with an ice breaker.

One of the participants was asked to volunteer for an arm push game, where both Mr. Majumdar and the participant were supposed to push each other across an imaginary line between them. However, at the end Mr. Majumdar exchanged sides with a simple friendly gesture of handshaking which required no effort from either side. This highlighted the thin line between aggression and assertiveness and how easy it is to get aggressive.

Mr. Debashish Majumdar asked the participants to define and share the definition of assertiveness as per their understanding and what is holding them from being assertive.

He added explained four basic ways to be assertive, which were as follows:

Usage of “I” statements.

Use facts and data instead of judgement.

Making clear and direct requests without inviting the person to say No.

Expressing ownership of your thoughts, feelings and opinions

Session concluded with the Q&A.

The session concluded with a vote of thanks by Mr. Mukund Jagirdar, Head-HR, Downstream, Arcelor Mittal Nippon Steel India, and Mr. Mahesh Jadhav GM HR Renata Precision.

The entire session was very interactive and informative, which was appreciated and enjoyed by all the participants.

The session was well attended by about 35 participants from DCCIA member industries.
