

**DCCIA conducts session on “Monsoon related sickness and CPR” on 08-August-2024 by Dr. S.K.Raut at Arcelor Mittal Nippon Steel India, Sanaswadi**

Deccan Chamber of Commerce Industries & Agriculture (DCCIA), organised a session on “Monsoon related sickness and CPR” at “Gurukul” training hall, Arcelor Mittal Nippon Steel Ltd. on 08<sup>th</sup> August’24. Noted Dr. S. K. Raut, Director Noble Hospitals from Department of Preventive Medicine was the speaker.

The session started with the DCCIA Corporate film at AM/NS, Sanaswadi. On behalf of DCCIA Mr. Abhishek Sathe welcomed the participants and the speaker for the session. Dr. S.K.Raut.

Mr. B.N. Gohokar, Chairman of the SHE Committee felicitated Dr. S.K.Raut.

Mr. B.N. Gohokar, Vice President Operation, Weikfield Foods Pvt. Ltd. welcomed the participants and introduced Dr. S.K. Raut.

Dr. Raut started the session explaining water as life-giving and life-threatening.

He explained the water borne diseases that are prevalent during monsoon season, their symptoms and precautions.

He advised all the participants to start practicing cleanliness by emptying water-filled vessels that induce water diseases like breeding mosquitos and other parasites which are harmful for humans.

Dr. Raut advised the participants to be monsoon ready by preventing the preventable.

Cardiopulmonary resuscitation (CPR) training was given.

Dr. Raut started by explaining how to identify the pulse of a person and the points on the body to check it. He demonstrated how to administer Cardiopulmonary resuscitation (CPR), on a medical mannequin, like chest compression at the speed of 100 per minute but 30 at a time rescue breathe by breathing into the mouth of the patient twice in 5 seconds with the head -tilt -chin-lift manoeuvre. A volunteer from participants was asked to demonstrate how to administer CPR on medical mannequin.

Questions and Answers was also conducted for the benefit of participants.

The session concluded with a vote of thanks by Mr. Abhishek Sathe, Senior Manager, DCCIA.

The entire session was very interactive and informative, which was appreciated and enjoyed by all the participants.

The session was well attended by about 30 participants from DCCIA member industries.